Institutes of Health
Multi-Specialty Clinics

Joseph Tessler, DO

Medical Director | Anaheim

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BOARD CERTIFIED

- ☑ Brain Injury Medicine
- ☑ Physical Medicine and Rehabilitation

PROFESSIONAL HISTORY

- ✦ Book Chapter Author
  Post-Traumatic Headaches
  Brain Injury Medicine Principles and Practice, 3rd Ed.
- ✦ Physical Medicine & Rehabilitation Resident
  University of New Mexico
- ✦ Brain Injury Medicine Fellow
  University of Texas Southwestern

Dr. Tessler is a highly skilled and dedicated physician specializing in physical medicine and rehabilitation (PM&R), with subspecialty expertise in brain injury medicine and chronic pain management. Currently, he serves as a Medical Director at Institutes of Health - Anaheim, where he focuses on the transdisciplinary evaluation and management of chronic pain, brain injuries, PTSD, and related disabilities, particularly those resulting from industrial-related injuries. Dr. Tessler's academic foundation began at the University of California, Berkeley, where he earned his Bachelor of Arts in Integrative Biology. He continued his studies at Western University of Health Sciences, completing a Master of Science in Medical Science and a Doctor of Osteopathic Medicine (D.O.) degree.

Dr. Tessler has demonstrated a profound commitment to clinical excellence and leadership throughout his career. At the Institutes of Health, he provides comprehensive, evidence-based care for complex conditions such as chronic pain, traumatic brain injuries, PTSD, and substance abuse. Dr. Tessler holds board certification in Physical Medicine and Rehabilitation and subspecialty certification in Brain Injury Medicine.

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9246 Lightwave Ave #120
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El Centro
2302 Merrill Center Dr
El Centro, CA 92243

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2600 W. Magnolia Blvd.
Burbank, CA 91505

Riverside
5885 Brockton Ave
Riverside, CA 92506

Anaheim
1900 S State College Blvd #100
Anaheim, CA 92806

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