Institutes of Health
Multi-Specialty Clinics

# Michael Seigler, MD

**Medical Director of Psychiatric Services**

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## BOARD CERTIFIED

- ☑ Psychiatrist
- ☑ Psychopharmacology

## PROFESSIONAL HISTORY

- ✦ Chief Resident
  **University of California Riverside Medical Center**

Specialist in Psychiatry and Transdisciplinary Biopsychosocial Therapeutic Community Care – Dr. Michael Seigler is an attending psychiatrist within the transdisciplinary biopsychosocial therapeutic community of Institutes of Health, specializing in the intersection of psychiatric and psychological conditions, particularly those that interface with post-traumatic stress, chronic pain, brain injury, substance use disorders, and sleep difficulties.

Dr. Seigler earned his Doctor of Medicine (M.D.) degree from the University of California, Riverside School (UCR) of Medicine in 2020. He is the recipient of numerous honors, including the prestigious Founders Scholarship Award and a Certificate of Merit from UCR SOM Simulation Selective. Dr. Seigler served as Chief Resident at UCR, gaining extensive experience in inpatient psychiatric care at RUHS-Behavioral Health.

Dr. Seigler's research contributions include a peer-reviewed journal article on rapid-onset brain plasticity in collaboration with renowned psychiatrist Dr. Stephen Stahl. He has also co-authored a case study published in *Stahl's Essential Psychopharmacology Case Studies, Volume 3* and presented findings on topics such as alcoholism trends during the COVID-19 pandemic and chronic pain management using motivational interviewing.


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