



# Institutes of Health Multi-Specialty Clinics

Occupational Health Specialists

## Specialty Clinics

- ✦ Pain Clinic
- ✦ Brain Injury & Concussion Clinic
- ✦ CRPS Clinic
- ✦ PTSD Clinic

## Services

- ✦ CBT for Pain
- ✦ Neuropsychology
- ✦ AOE/COE
- ✦ Psychiatry
- ✦ CRPS Program
- ✦ Functional Restoration Program
- ✦ Chronic Pain Programs
- ✦ Multidisciplinary Evaluation
- ✦ PTSD Program
- ✦ Brain Injury Program
- ✦ COVID-19 Program
- ✦ Psych Surgical Clearance
- ✦ Pain Management
- ✦ PM&R
- ✦ Detox Rehab
- ✦ PTP or STP Role
- ✦ Hybrid Telemedicine



## Symptoms

- ✓ Pain
- ✓ Sadness/depression
- ✓ Sleep complaints
- ✓ Increased pain behaviors
- ✓ Feelings of helplessness/hopelessness
- ✓ Cognitive complaints
- ✓ Failure to respond to treatment/delayed recovery
- ✓ Excessive medication usage/requests
- ✓ Verbal/physical/mental abuse
- ✓ Need for medication tapering/detox
- ✓ Anxiety/panic/PTSD
- ✓ Somatic complaints (e.g. abdominal/bowel)
- ✓ Frustration with medical care
- ✓ Elevated stress levels
- ✓ Frustration/anger
- ✓ Functional complaints/disability
- ✓ Weight gain/loss
- ✓ Job dissatisfaction/lack of support



Visit Website

**Bilingual Services Available**

## Locations

**San Diego  
County**

**Imperial  
County**

**Riverside  
County**

Also serving patients throughout  
California via Biometric Telehealth

For referrals please contact:

 (800) 270-5016  (800) 680-3626

 [info@institutesofhealth.org](mailto:info@institutesofhealth.org)

 [institutesofhealth.org](http://institutesofhealth.org)

*Todos nuestros servicios están disponibles en Español*