



Institutes of Health
Multi-Specialty Clinics

Occupational Health Specialists



First Responders

We bring world-class care to California First Responders, delivered with expertise and compassion. Learn more about our leading-edge therapies, innovative treatments, and exceptional specialty care.

Providing Advanced Treatment For:



PTSD



**Prescription Drug &
Alcohol Addictions**



**Complex Trauma
Polytrauma**



Chronic Pain



Brain Injury



Sleep Problems



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PTSD Clinic

Post-Traumatic Stress Evaluation & Treatment Intensive Outpatient Programs

Law Enforcement, Fire Service, Corrections, Dispatch, Paramedics, EMS, and Rescue Workers are the first to respond to emergencies. The scene of critical incidents often involves exposure to highly traumatic and life threatening situations. These experiences can lead to post-traumatic stress disorder (PTSD) among first responders.



Locations

**San Diego
County**

**Imperial
County**

**Riverside
County**

Also serving patients throughout
California via Biometric Telehealth

For referrals please contact:

 (800) 270-5016  (800) 680-3626

 info@institutesofhealth.org

 institutesofhealth.org

Todos nuestros servicios están disponibles en Español