

# REFERRAL FORM

Revised 03/01/23



Bilingual Services Available

## LOCATIONS:

Imperial County  
San Diego County

Riverside County  
Biometric Telehealth

## DOCTORS:

Dr. Clark Smith  
Dr. Marcia Elfenbaum  
Dr. Tomer Anbar  
Dr. Kimberely Tilley  
Dr. Tina Wolfe  
Dr. Megan Johnson  
Dr. Sandra Martinez  
Dr. Vianney Luis-Quero

## OTHER PROVIDERS:

Dr. Shelby Moriera  
Dr. Lisandra Herrera  
Dr. Alan Acre  
Dr. Katherine Turner  
Dr. Ramsey Ali  
Dr. Casey Aguinaldo

### EVALUATION

CBT for Pain  
PTSD/EMDR  
Neuropsych  
AOE/COE  
Psychiatry  
CRPS

### TREATMENT

Functional Restoration Program  
Chronic Pain Multidisciplinary  
Evaluation  
Post Traumatic Stress Disorder  
Program  
Brain Injury Program  
COVID-19

### EVALUATION / TREATMENT

Psych Surgical Clearance  
Pain Management  
PM&R  
Detox Rehab  
PTP or STP Role  
Hybrid Telemedicine

Patient Referred By:

Phone #:

Date :

Signature:

Contact Person:

Patient Name (Last):

(First):

SS#:

DOB:

Phone #:

Claim #:

DOI:

Ins. Carrier:

### PLEASE CHECK ALL THAT APPLY

Pain which persists 6 months or more after injury or onset of symptoms, or any pain that persists beyond the anticipated time of healing is an indication of chronic pain per ODG, ACOEM and the Medical Treatment Utilization Schedule (MTUS) and should be referred for biopsychosocial evaluation and treatment. Additional symptoms and areas of intervention inherent in chronic pain may include:

Sadness/depression

Anxiety/panic/PTSD

Sleep complaints

Somatic complaints (e.g. abdominal/bowel)

Increased pain behaviors

Frustration with medical care

Feelings of helplessness/hopelessness

Elevated stress levels

Cognitive complaints

Frustration/anger

Failure to respond to treatment/delayed recovery

Functional complaints/disability

Excessive medication usage/requests

Weight gain/loss

Need for medication tapering/detox

Job dissatisfaction/lack of support

Verbal/physical/mental abuse

## INSTITUTES OF HEALTH LOCATIONS



**1** Institutes of Health  
**San Diego, CA**

9246 Lightwave Ave #120  
San Diego, CA 92123

+1 800 270 5016

**2** Institutes of Health  
**Riverside, CA**

5885 Brockton Ave  
Riverside, CA 92506

+1 800 270 5016

**3** Institutes of Health  
**El Centro, CA**

2302 Merrill Center Dr  
El Centro, CA 92243

+1 800 270 5016