

REFERRAL FORM

Revised 07/01/22



Bilingual Services Available

LOCATIONS:

Imperial County
San Diego County

Riverside County
Biometric Telehealth

DOCTORS:

Dr. Clark Smith
Dr. Marcia Elfenbaum
Dr. Tomer Anbar
Dr. Kimberely Tilley
Dr. Tina Wolfe
Dr. Megan Johnson
Dr. Sandra Martinez
Dr. Vianney Luis-Quero
Dr. Robert Obrecht

OTHER PROVIDERS:

Dr. Shelby Moriera
Dr. Lisandra Herrera
Dr. Alan Acre
Dr. Katherine Turner

EVALUATION

CBT for Pain
PTSD/EMDR
Neuropsych
AOE/COE
Psychiatry
CRPS

TREATMENT

Functional Restoration Program
Chronic Pain Multidisciplinary
Evaluation
Post Traumatic Stress Disorder
Program
Brain Injury Program
COVID-19

EVALUATION / TREATMENT

Psych Surgical Clearance
Pain Management
PM&R
Detox Rehab
PTP or STP Role
Hybrid Telemedicine

Patient Referred By:

Phone #:

Date :

Signature:

Contact Person:

Patient Name (Last):

(First):

SS#:

DOB:

Phone #:

Claim #:

DOI:

Ins. Carrier:

PLEASE CHECK ALL THAT APPLY

Pain which persists 6 months or more after injury or onset of symptoms, or any pain that persists beyond the anticipated time of healing is an indication of chronic pain per ODG, ACOEM and the Medical Treatment Utilization Schedule (MTUS) and should be referred for biopsychosocial evaluation and treatment. Additional symptoms and areas of intervention inherent in chronic pain may include:

Sadness/depression

Anxiety/panic/PTSD

Sleep complaints

Somatic complaints (e.g. abdominal/bowel)

Increased pain behaviors

Frustration with medical care

Feelings of helplessness/hopelessness

Elevated stress levels

Cognitive complaints

Frustration/anger

Failure to respond to treatment/delayed recovery

Functional complaints/disability

Excessive medication usage/requests

Weight gain/loss

Need for medication tapering/detox

Job dissatisfaction/lack of support

Verbal/physical/mental abuse